

Privacy policy for M.F.W. Berger's (healthhappiness) Practice

The GDPR (General Data Protection Regulation) will have an affect on supplied confidential information/details. This Privacy Policy aims to offer an insight in what kind of information we collect, how it is being kept and how it is protected

Recorded information

Information being kept in connection to Jin Shin sessions exists of:

- Name, address, residence
- Telephone numbers, mobile as well as landline
- email address
- Conversation reports noted down by M.F.W. Berger during the sessions.
- Email correspondence

Method of recording

Name, address, residence, telephone numbers and email addresses are being saved electronically on an Apple device, laptop. This information is also accessible via an iPad and iPhone. Copies of the information are stored on private servers (namely time capsules) in the Netherlands and in Costa Rica, as well as a copy in the Dropbox server. Names and email addresses are kept on a secure password protected server from Mailchimp. Email correspondence is saved on the laptop mentioned above. Conversation reports are documented as a hardcopy on paper and kept in the Netherlands.

Safety of confidential information

All private servers are password protected and are governed by password protected separate modems. With regards to the dropbox account, this is subject to a two factor authentication - a password and message are needed to log in. Paper information has been kept in a locked cupboard, which cannot be accessed by a third party.

Retention period of information

The retention period for documented information is the same as the time one is in treatment. All details are being destroyed upon termination of the treatment. In case it is unclear whether a relationship is still active or not, the information will be destroyed after 5 years maximum.

Ways of destruction

Deleting electronic documented information happens manually from the contact database. The copy saved on Dropbox and private servers automatically follow suit and are deleted. The email correspondence saved on the laptop is manually removed. The copies on Dropbox and private servers automatically follow suit and are deleted. Addresses in Mailchimp database are manually removed. Information on paper will be shredded and destroyed.

The right to be forgotten, to be erased

Should you for whatever reason choose to have your personal details destroyed, you only need to request this by email to MFWBerger@Jinshinhealing.com. All information will be destroyed upon request.

Inspection of information

Should your request to see the recorded information, Mieke F.W. Berger will share this with you.

Transfer of data

All documented information will not be sold nor shared with any third party.

Website

jinshinhealing.com website does not use cookies. No visitor information is being collected nor saved.

Newsletter

When you no longer wish to receive the newsletter you can opt out via mail chimp. You can also send an email directly to MFWBerger@Jinshinhealing.com and request to stop the mailing of newsletters. When personal data has been destroyed no newsletters will be sent as this happens automatically.

Contact

M.F.W. Berger

Pasadena, Escazú, San José

Costa Rica

E-mail: MFWBerger@Jinshinhealing.com

Telefoon: +31625098309